

How to Best Select Your High School Academic Courses **IvyBound Sheet**

The purpose of this worksheet is for you to **best select your high school academic courses so that you portray yourself as a competitive candidate for admissions**. Use this worksheet while listening to episode 004 podcast, or watching episode 004 YouTube video. Let's get you on the road to getting admitted to the college of your dreams. Be Collegebound with IvyBound!

1. Your High School Profile:

- a. Curriculum: State which curriculum your high school follows, whether it is an AP, IB, Honors, Advanced Topics, another curriculum.

- b. Grading Scale: Is it on a 4.0, 8.0, 100-points, letter grades, no GPA, or other scale?

- c. Is the GPA weighted or unweighted?

- d. Your Rank (if known): _____
- e. Number of Students in your class: _____
- f. Other information you would like to note:

2. What are your **High School Graduation Course Requirements**?

	Courses	Requirements to graduate
1	English	
2	Math	
3	Science	



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4	History/Social Science	
5	Foreign Language	
6	Art	
7	Other	
8	Other	
9	Other	
10	Other	

- As I mentioned in episode 004, the course graduation requirements of your high school may be different from that of the colleges you are interested in applying to. To ensure you meet both requirements, use the table below to enter the high school course requirements of the top three colleges you are interested in.

Go on to the college’s website and find the high school curriculum requirements for the college. These requirements are usually listed under admissions, then the first-year applicant section of each college website. As a reference, below is an example of Stanford’s high school course requirements for its freshmen applicants.

	Ex. Stanford	College 1	College 2	College 3
English	4 years			



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Math	4 years			
Science	3+ years			
History/Social Studies	3+ years			
Foreign Language	3+ years			
Other				
Other				

4. The majors that I am considering in college are:


- a. _____
- b. _____
- c. _____

5. List the electives offered in your high school that correlate to the majors you are considering in question #4. Write down the most advanced classes you can take for these electives, as you progress into high-level classes.

	Major 1	Major 2	Major 3
1			
2			
3			
4			



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5			
6			

- Now that you have understood your graduation requirements, the requirements of the top three colleges you want to apply to, your choice of majors, and the elective offerings at your high school, please write down the academic courses you are considering for each year. Ensure that you are following an upward trajectory, taking the most advanced classes as possible.

Once approved by your high school guidance counselor, this group of classes per year will become your schedule. Planning ahead to senior year is tentative and may change, but it is essential to plan ahead and consider the most advanced course offerings in the Core 5 subjects and electives so that you present yourself as a strong and competitive applicant.

	Freshman Year	Sophomore Year	Junior Year	Senior Year
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

